

RSL SED Wellbeing Report for November 2022

This month District Wellbeing attended to the Jimboomba Community Aged Care facility for the Remembrance Day service with 28 clients and 8 staff attending several clients were Veterans and appreciated the time spent for them on this day.

The handover of wellbeing packs has again been uplifting for three aged Veterans who did not request assistance for themselves, yet were referred by admin of Beaudesert RSL Sub Branch.

Wellbeing Advocacy for the District is to be highlighted as discussions with Dr Susan Kellett have been rewarded. A meeting with Susan and possibly our new District qualified Wellbeing Advocate Tiarne Styles proved to be beneficial to the District and our Sub Branches. Tiarne or possibly another Advocate will begin working from the RSL SED offices in the New Year and be available as a direct conduit to Veteran Services and other as deemed necessary. Julia and Annie have done a splendid job in forwarding all and sundry wellbeing requests to Veteran Services or myself. Guiding Veterans and families through the wellbeing processes is a lengthy task that must follow protocols to ensure Veterans and families have the attention and action required for their requests. Those Sub Branches having Advocates know the processes and now those Sub Branches without Advocates can call on SED for direct action.

So, where does this leave the Wellbeing co-ordinator for RSL SED? With somewhat of a lighter load.

Journey to Kooralbyn RSL Sub Branch for member/community markets. Deliver two wellbeing packs. Major discussion with VP re members and social members.

14th November meet and discuss with National Service State Board at Coorparoo HQ the use of White Cards. Assessment of wellbeing for Nasho Veterans and the RSL.

Met with RAF Veterans wife and DVA representative to discuss partners placement in aged care. DVA has been to the fore with this Veteran and his wife.

Assisted Legacy ladies in Beaudesert in purchase of wellbeing packs for Legatees, 12 packs supplied.

Steve Monteath

Wellbeing co-ordinator

RSL SED