

Newsletter of the

Toowong RSL Sub-Branch

The Price of Liberty is Eternal Vigilance Est. 1919



April 2022

Dear Members,

Welcome to the first newsletter of 2022. Thank you to Stephen Thornton for firstly all his work as our secretary from 2020 to 2022, secondly for all his work in facilitating a highly successful 2022 ANZAC Day Dawn Service, and thirdly for publishing our DON R newsletter.

Thanks for such a warm welcome to our Sub Branch and the role of Secretary. The guidance from Mike Muirhead, Stephen Thornton and Vince Atley has been exceptional and the warm feedback from members has been greatly appreciated. Peter and the Board have some great ideas for 2022 and we look forward to outlining these in future editions of DON R.

Thank you to all the members who have volunteered for tasks leading up to ANZAC Day. We have many requests from Schools, Sporting Clubs and Associations for assistance and it is terrific when we can match requests with enthusiastic Sub Branch members.

A few members have asked me about my background. I joined the ADF in 1986 as an Army cadet at the newly opened Australian Defence Force Academy. I had the honour of being in the Royal Guard for the opening of Parliament House by Her Majesty Queen in 1988. I started off in the Army for my first three years and then transferred to the Air Force as a Logistics Officer, serving until 1999.

Please note the new secretary email address is secretary@toowong.rslqld.net.au and I look forward to any insights and requests from our members.

Tim Robb, Secretary

President's Report

After two years of Covid-19 interruption, we finally got to hold our usual ANZAC Day commemoration service which commenced at 5am.



Peter Gow

We had a very good attendance despite the showery weather.

We were well supported by Cr. Peter Matic and the Paddington Ward staff as well as Cr. James Mackay of the Walter Taylor Ward, Queensland University Regiment (QUR) and Wests Rugby Union Club who do a lot of work for us on the day and also put on a hot breakfast which was very well received. Thanks to Graham Brown.

The band and the opera singer were excellent as was the piper from Brisbane Boys' College.

The activities conducted by the sub-branch since the previous newsletter in December are:

- * 17 January held board meeting.
- * 21 February held board meeting.
- * 20 March held board meeting
- * 20 March held AGM. Presented Sam Harrison MBE RFD ED with his 30-year RSL service certificate.

* Various dates – held Anzac Day planning meetings in person and via Microsoft Teams
* 19 – 23 April - Anzac Day fundraising at Toowong Village.

* 25 April - held Anzac Day service.

I also thank John Forrest RFD for his service to the sub-branch over the years. He has been a valued member of the board. John has stepped down from the board and pursuant to Section 28.1 of the constitution, the board members will look to appoint another sub-branch service or life member to fill the vacancy for the balance of the term.

Please note that the board usually meets on the third Monday of each month at 4pm and subbranch members may attend as observers although prior notice is appreciated.



Peter Gow presenting Sam Harrison with his 30year RSL membership certificate at the AGM

Toowong RSL represented at University of Queensland AFL game

The sub-branch was approached by the UQ AFL Club to provide a small Anzac commemoration service at the game at St Lucia on Saturday 23rd April.

We are indebted to Brian Venz who attended on behalf of the sub-branch along with the assistance of Brian Clarke from the Toowong Symphonic Band. Brian provided a 5-minute recognition service which was conducted as follows: 1. Introduction by Ben Larsen-Smith VP of UQ Red Lions AFC

2. Address and Ode by Lt Col Brian Venz RFD

3. Last Post played by Brian Clarke of Toowong Symphonic Band

4. 30 seconds silence and The Rouse.

For the men's game, Brian gave a short description of Coast Watcher - Pilot Office Leigh Vial who was based at Salmaua in New Guinea.

For the women's game a few hours later, he provided a short description of the only female Coast Watcher Ruby Boye who was located at Vanikoro in the Santa Cruz Islands in WW2.



Brian Venz RFD addressing the AFL crowd at UQ

ANZAC Day Service

Our 'full-service' Anzac Day commemoration at the cenotaph on the hill in Toowong Memorial Park service was back after two years of Covid-19 interruption. The service commenced at 5am and was very well attended given the showery weather with numbers estimated at around 1500 people.

There are many people, groups and organisations to thank which are included on the Order of Service attached to this newsletter. The Anzac Day address was delievered by Lt. Col. Gabrielle Raffin, CO QUR which was excellent.

SPEECH BY LT.COL. RAFFIN

Good Morning Mr Peter Gow, President of the Toowong RSL Sub Branch, Honoured guests, and the community members gathered here today. I also acknowledge especially those veterans, serving members, former and present who are with us today.

Before I begin, I would like to acknowledge the traditional owners of the land on which we commemorate our ANZACs today – the Turrbul people – and pay my respects to elders past, present and emerging.

It is a privilege to be here this morning to remember the ANZACs and indeed all those who have served, with the members of the community in which I now serve. I, like many who before me and alongside me, am intrinsically motivated to serve by my connection to the Australian people and the values moulded by our collective experience; the challenges we've faced together and the tenacity we continue to show in the face of adversity - values forged on the sands of Gallipoli, and perpetuated in the jungles of Papua New Guinea and Vietnam and many other places since. It was this connection, this connection to their people, their country, that saw thousands of Australians and New Zealanders volunteer to go and fight when The Great War broke out in 1914. To them, the knowledge that they were helping to keep their beloved homelands and their loved ones safe and free, was worth making the ultimate sacrifice.

The community of Toowong has come together on this very site now for a century to remember and be grateful. When the Toowong Soldiers Memorial was unveiled in 1922, the Mayor of Toowong, Charles Patterson, spoke about the men who's names are inscribed here, saying "they had marked the trail which lead to victory, and from victory to peace, and from peace to liberty." Charles and Barbara Patterson had five sons who served in the First World War. Of their five sons, only one did not come home – 19 vear old Private Alexander Patterson. As the Mayor gave his speech that day, we can only imagine the turmoil of emotions that must have been within, from devastating grief to immense pride, knowing that his own son's name was etched here in memoriam.

Each of the names on this memorial, and on every memorial like it, has a story behind it. Gunner Herbert Horstmann, killed in action in France, 1918 at 21 years old – he was a Clerk and lived around the corner on Norwood St with his Dad, William. SGT William Trix worked in despatches - his father, George, lived on Annerley St. He died in France in 1916 at 31 years of age. Private Harold Spink, a Farmer who lived on High St, was also killed in France in 1916. He was 19. And the list goes on. Each of these names represents a family with a story – a family with an indelible connection to service made fast by their sacrifice. It is important that we remember the hardship suffered by those who remain at home, back then and still today. As young nurse Vera Deakin wrote to her parents in 1916 from her posting in Cairo one year after Gallipoli:

"Today is the anniversary of the heroic Landing, the day which plunged half the world into admiration and awe, and half our Continent into sorrow & mourning."

We gather here now, before dawn, in remembrance of the ANZACs who also

gathered pre- dawn – waiting silently in their boats off the shores of Gallipoli – the gentle lapping of the water in their ears and the scent of the salty air in their nostrils and on their faces. They could not have known that their actions in the days and weeks that followed would be remembered still, more than one hundred years later by a grateful nation, nor that the qualities they showed would be emulated and aspired to by those in service today as the model, the very fibre, of what it means to wear a uniform of the Australian Defence Force.

Though the ANZAC legend was born at Gallipoli, it has lived on through the men and women who served in many wars, conflicts and peacekeeping operations - and are still serving today. In many ways, war is different now. The enemy doesn't always wear a uniform, it can be hard to know who you are fighting, and the weapons they use are more sophisticated and difficult to defend against. The one thing that is still the same though, is the courage and resilience of our Australian soldiers. They fight on in the face of impossible odds, they keep going when they have nothing left, and they care for each other fiercely, and with everything they have - both in combat and at home.

For the young people here today, your presence is so important. Your generation will carry on the ANZAC tradition after us, and make sure it continues well into the future. Young people can be inspired by the ANZACs too. Learn about some of the stories of our brave soldiers - from Gallipoli, to the Pacific, Korea, Vietnam right through to Afghanistan and Iraq. You can be courageous like them, and not give up when things get difficult. It's ok to make mistakes, as long as you learn from it and keep trying. Your victory will mean so much more if you have to fail in order to win it....And above all, look after each other. Today, we also think of the Defence Force members currently serving. Some will be away from their loved ones today, carrying on the proud tradition and honouring the ANZACs in whatever way they can. We honour those veterans who returned home from their operation forever changed by their experience, some physically, many with invisible scars that may never fully heal. You have my gratitude, and the gratitude of your country for your personal sacrifice.

Memorials like this one are scattered all over the globe. To me, they represent a promise – a promise that we, as a nation, will forever remember their sacrifice and be grateful for the values and spirit they've given us – the ANZAC spirit -, which we now hold dear. They are a symbol of our community and the connection each of us has to our country and to each other.

Private Patterson, the Mayor's son, who's name is written on this memorial, was posthumously awarded the Military Medal for bravery with the 15th Battalion at Pozieres. His recommendation reads:

"He acted as Company Runner and ran messages day and night to Battalion Headquarters and to platoon commanders. He delivered every message quickly, and his Company Commander had the utmost confidence that a message would reach its destination when entrusted to him. He was particularly reliable under the heaviest fire and stood out conspicuously during the advance on 8th/9th August."

In a letter to his mother, enclosed with his medal, he is described as a soldier "whose magnificent conduct on the field of battle has helped to earn for our Australian soldiers a fame which will endure as long as memory lasts." The task now falls to us, as a community, as a nation, together, to keep our promise and ensure this memory lives on.

Lest We Forget.

Finances

One Volunteer is Better Than Ten Pressed Men

Our plan of action for 2022 includes the need for fundraising to keep our subbranch finances healthy.



The sub-branch conducted a

Anzac Day fundraising at Toowong Village from Tuesday 19th April to Saturday 23rd April.

The following members volunteered their time at the Toowong Village fundraiser over five days.

*Vince Atley	*James Mackay
*Peter Matic	*Nigel Meadows
*George Hulse	*Peter Matic
*Keith Lamb	*Mike Muirhead
*David Donaldson	*Tez Anderson
*Wayne Fowler	*Stephen Golding
*Peter Gow	*Maureen Souter
*Gary Collins	*Mark Plath
*Jim Kidd	*Brian Venz
*Tim Robb	*Julian Simmonds
*Denis Luttrell	*Barry Weller

A total of \$4074.51 was raised as follows:

- Tuesday 19th \$995.65
- Wednesday 20th \$607.51
- Thursday 21st \$577.51
- Friday 22nd \$763.96
- Saturday 23rd \$1129.88



George Hulse OAM, Garry Collins, Peter Gow & Vince Atley



David Donaldson, Mark Plath & Mike Muirhead



David Donaldson, Vince Atley, Mark Plath, George Hulse & Barry Weller

Winners of the raffles were Toni Beutel and Anita Carter.



Anzac Day raffle winner Toni Beutel



Anita Carter's daighter Naomi

Welfare Assistance

Occasionally we are contacted by sub-branch and nonbranch service and ex-service men and women to assist with advocacy regarding the



Department of Veterans' Affairs (DVA) and other agencies.

In these cases, we are able to direct them to the appropriate contact within the RSL. We assisted

two people since December.

RSL South Eastern District offers free services for veterans & families:

- Wellbeing support, visits & bereavement assistance
- Medical & allied health referrals
- PTSD & mental health support
- Advocacy & research for compensation & welfare
- Career transition assistance
- Financial literacy & crisis support
- Peer mentoring

Located at Greenslopes Private Hospital Tuesday–Thursday | 10am–2pm or by appointment.

Email: <u>wellbeing@rslsouthqueensland.org</u> Ph. (07) 3394 7235 Website: <u>www.rslsouthqueensland</u>

Hospital and Home Visits

George Vaivarins has been discharged from Greenslopes Hospital. He still has a way to go in his recovery and is resting at home. Board



members are keeping in contact with George to ensure his needs are being met.

Remember - if you are doing it tough and require assistance, or just need a friendly ear, please get in contact with us as we are not always aware of members' situations.

Membership

We currently have 93 service members and 24 non-service (social) members being a total of 117 members being a decrease of five service members and one social member.



New service members since the December newsletter are Tim Robb (now secretary) and Gary Bennedick. Jenny Balkin was recognised with a volunteer nametag in recognition of her work for the sub-branch.

We have also lost two members who have passed on (see Last Post) and lost contact with a couple of annual subscription members and their memberships were not able to be renewed.



Peter Gow welcoming new service member (now secretary) Tim Robb



Peter Gow and Coles volunteer VIP Jenny Balkin

Every member of the sub-branch, both service and non-service members, should have been provided with a name tag to wear at functions. If you weren't provided with a name tag at the time you joined, or if you have misplaced it, please contact our Membership Officer Mike Muirhead for a new one (free of charge).

You can email the office or call Mike Muirhead on 0419 703 334.

DVA Telephone Number

DVA's telephone number is 1800 VETERAN (1800 838 372) for veterans and their families.

Last Post

We unfortunately lost two members in the last three months.



Evan Wham passed away

after a long illness. Evan was a significant financial donor to the sub-branch but also a friend to some and he will be sadly missed. Evan had an interesting background which you can read in the attached article.

One of our oldest members, John Horsey, also passed on in April. John was 97.

A reminder that the sub-branch will conduct a poppy service for any person who has served in the Australian Defence Force. They do not have to have been a member of the RSL. They are free of charge.

As part of a Poppy Service, an RSL representative will:

- deliver a eulogy, detailing the veteran's service
- recite The Ode
- sound The Last Post and Rouse
- provide poppies for mourners to place on the coffin in recognition of service.

Unfortunately, we are often advised of the passing of a member by family some time after the funeral so please make your family aware of the poppy service if it is something you would like to be part of your service.

Sub-Branch Board & Contact Details

2022-23 Board Members:

- Peter Gow President
- Ross Williamson RFD Deputy President
- Mike Muirhead Vice President
- Tim Robb Secretary
- Vince Atley Treasurer
- David Donaldson
- Chris Mallcott
- Dr. Stephen Thornton
- Dr. Lily Zhu

The office is located in the Western Districts Rugby Football Club (Wests Bulldogs) building in Sylvan Road Toowong.

Office: 7/65 Sylvan Road Toowong

Postal: PO Box 1564 Toowong DC 4066

Phone: 0455 655 766

Email: secretary@toowong.rslqld.net.au

Website: <u>www.rsltoowong.org</u>



Toowong Memorial Park

Anzac Day 2022



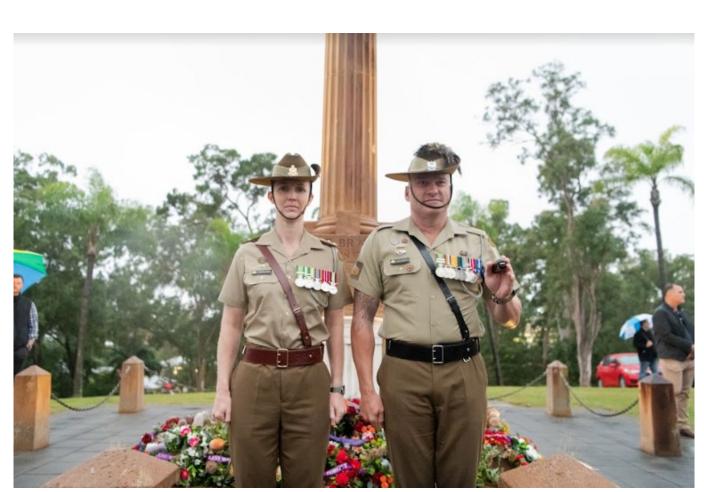
Toowong Sub-Branch President Peter Gow



Lt Col. Gabrielle Raffin (CO QUR)



W01 Jason Moriarty (RSM QUR)



Lt Col. Gabrielle Raffin & WO1 Jason Moriarty



FLGOFF Inderbir ('Inder') Singh & President Peter Gow



Cr. Peter Matic (Paddington Ward) & Cr. James Mackay (Walter Taylor Ward)



Wreaths at the cenotaph



The Price of Liberty is Eternal Vigilance

THE RETURNED & SERVICES LEAGUE OF AUSTRALIA (QUEENSLAND BRANCH) Toowong RSL Sub-Branch

ANZAC DAY DAWN SERVICE Monday, 25 April 2022 at 4.30am for 5.00am



Toowong Memorial Park, Sylvan Road, Toowong.

Commencement (05:00 am)

(ANF & NZF at Half-mast)

Introduction

Mr Peter Gow, Toowong RSL Sub-Branch President

Mounting of the Catafalque Party

(All Stand)

Invocation

Mr Peter Gow (Please be seated)

The First World War ended nearly 104 years ago. The fighting finally stopped when an armistice between the Allied powers and Germany Government came into effect at 11 o'clock on the morning of 11 November 1918. Millions of people had lost their lives during this war, among them more than 60,000 Australian service personnel – about one in five of those who served overseas. Many thousands more were wounded in body and in mind.

During the war and after its end, survivors returned home to a country both grateful for their service and traumatised by the war's enormous cost. The dead lay in cemeteries and unmarked graves around the world, including New Britain in the south-west Pacific, Mesopotamia, Gallipoli, the Sinai, Palestine, and the United Kingdom. But nowhere on earth do Australia's war dead lie in greater numbers than in the soil of the Western Front in France and Belgium. The announcement that the fighting was over on this front, and the war was finally over, was met with joyful celebrations around Australia. But joy was neither universal nor unqualified. Too many had died, too many more wounded or made ill by their war service. Everywhere communities knew the pain of losing fondly remembered men. Across the country, memorials were erected to honour those who served and those who died.

Today we meet at the Toowong Soldiers Memorial, that was officially dedicated by the then Governor of Queensland Sir Matthew Nathan. On this memorial are listed the names of 101 men, from the Toowong District, who had enlisted to serve in the Australian Imperial Forces in WW1 and failed to return to their families. We remember too, all Australians killed in military operations since that time.

Opening Prayer

Chaplain Michael Folland

Lord God, today we honor those who in the great tragedy of war gave their lives in the cause of peace. Today we remember each man, woman and child who has fallen so that the light of freedom, justice and humanity may continue to shine. As we remember them, we ask Lord God that we and our successors may prove worthy of their sacrifice. Amen

ANZAC Requiem

Chaplain Michael Folland

On this day above all days we recall those who served in war and who did not return to receive the grateful thanks of their nation.

We remember those who still sleep where they were left - amid the holly scrub in the valleys and on the ridges of Gallipoli - on the rocky and terraced hills of Palestine - and in the cemeteries of France.

We remember those who lie in the ground beneath the shimmering haze of the Libyan Desert - at Bardia, Derna, Tobruk - and amid the mountain passes and olive groves of Greece and Crete, and the rugged snowcapped hills of Lebanon and Syria.

We remember those who lie buried in the rank jungles of Malaya and Burma - in New Guinea - and in the distant isles of the Pacific.

We remember those who lie in unknown resting places in almost every land, and those gallant souls whose grave is the unending sea. We remember those who were prisoners ofwar, remote from their homeland.

We think of those of our women's services who gave their lives in our own and foreign lands and at sea, and of those who proved to be, in much more than name, the sisters of ourfighting men.

We recall, too the staunch friendships created as countries fought beside each other on the first ANZAC Day. Especially those from New Zealand and Australia who helped to create he name of ANZAC.

We think of every man and woman who in those crucial hours died so that the lights of freedom and humanity might continue to shine. We think of those gallant men who died in Korea, Malaya, Borneo and in Vietnam, assisting to defend the Commonwealth, and other countries of the Free World, against a common enemy.

And now in this modern age we think of those who paid the price of other's freedom in Asia, Africa, The Middle East and Europe.

May their sacrifice bring liberty to many and peace to all. May these all rest proudly in the knowledge of their achievement, and may we and our successors in that heritage prove worthy of their sacrifice.

ALL We will remember them

Reading Luke 6: 43-45

A good tree cannot produce bad fruit, and a bad tree cannot produce good fruit. You can tell what a tree is like by the fruit it produces. You cannot pick figs or grapes from thornbushes. Good people do good things because of the good in their hearts. Bad people do bad things because of the evil in their hearts. Your words show what is in your heart.

The Soldier's Prayer

Almighty God, whose command is over all, and whose love never fails, let us be aware of Your presence, and obedient to Your will. Help us to accept our share of responsibility with a strong heart and cheerful mind. Make us considerate of those with whom we live and work, and faithful to the duties our country has entrusted to us. Let our uniform remind us daily of the tradition of the Force in which we serve. When we are inclined to doubt, strengthen our faith. When we are tempted to sin, help us to resist. When we fail, give us the courage to try again. Guide us with the light of Your truth and keep before us the life and example of Jesus in whose name we pray. **Amen**

Nearer My God to Thee

ALL

Nearer, my God to Thee, Nearer to Thee! E'en though it be a cross That raiseth me; Still all my song shall be, Nearer, my God, to Thee, Nearer, my God, to Thee, Nearer to Thee! What though the shadows fall, Naught shall I fear When darkest seems the night, Morning is near, Sweet shall my trusting be, Sorrow still bringing me Nearer, my God, to Thee Nearer to Thee.

ANZAC Day Address

Lieutenant Colonel Gabrielle Raffin (CO QUR)

Meg Kiddle

OCDT Matthew Potts

Prayer of Remembrance

Lord God, as the sun rises this day, as it did on the first ANZAC Day, we remember the sacrifice of the first ANZACs, and the generations of men, women and children who have since died in the cause of liberty and peace. We remember those who still bear the physical and mental scars and disabilities of their service. We remember the widows and widowers, friends, parents and orphans, sisters and brothers and all who waited in vain for the return of a loved one. While we remember the mateship, agony, courage and compassion of war service; save us from ever glorifying the horror and tragedy of war. Lord, as the sun rises on this day, we remember with thanksgiving and pride, all those who served Australia in war. We offer our prayers of remembrance and thanksgiving in Jesus' name.

Chaplain: Lord, we bring all of our prayers to you today – both the spoken ones and those within our hearts and together we say the prayer taught by Jesus.

ALL Our Father who art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive those who trespass against us. And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen

Laying of the Wreaths

Mr Peter Gow

Lament (while wreaths placed on Memorial) Piper Major Liam Docherty

The President Toowong RSL and Commanding Officer QUR will place wreaths on the Memorial, followed by Official Guests and RSL Sub-Branch members.

Members of the public are now invited to place a wreath on the Memorial.

Reciting of The Ode

They shall grow not old, As we that are left grow old. Age shall not weary them, Nor the years condemn. At the going down of the sun, And in the morning, We will remember them.

All repeat: We will remember them

The Last Post

Those members in uniform are to salute for The Last Post only. (All Stand)

Two Minutes Silence

Lest we forget.

All repeat: Lest we forget.

Rouse

Those members in uniform are not to salute (ANF & NZF Raised) (All Stand)

Prayer for Peace

Father of all, we are your family, and you call us to live together as brothers and sisters. Help us to overcome the barriers that divide people and nations from one another.

Bless every effort being made to bring peace and understanding to the world, so that we may learn your ways and serve your will.

In the name of Jesus Christ we pray. **Amen**

For Those Who Serve Now

Lord Our God, we commend to you all who now serve in the Defence Force of our nation. Shelter them when in danger and in times of peace keep them from all evil. Preserve in us all loyalty and courage and grant that we may be worthy of those who have gone before us, we ask in the name of Jesus Christ. **Amen**

Mr Peter Gow

Mr Peter Gow

Bugler, Gina Richter-Stretton

Bugler, Gina Richter-Stretton

Chaplain Michael Folland

Chaplain Michael Folland

Those members in uniform are to salute and not sing.

'GOD DEFEND NEW ZEALAND'

ALL

E Ihowa Atua,	God of nations! at Thy feet
O nga iwi matou ra	In the bonds of love we meet,
Ata whakarongona;	Hear our voices, we entreat,
Me aroha noa	God defend our Free Land.
Kia hua ko te pai;	Guard Pacific's triple star,
Kia tau to atawhai;	From the shafts of strife and war,
Manaakitia mai	Make her praises heard afar,
Aotearoa	God defend New Zealand

Australian National Anthem (All Stand)

Those members in uniform are to salute and not sing.

'ADVANCE AUSTRALIA FAIR'

Australians all let us rejoice, For we are one and free. We've golden soil and wealth for toil, our home is girt by sea. Our land abounds in nature's gifts, Of beauty rich and rare. In history's page let every stage **Advance Australia Fair** In joyful strains then let us sing: **Advance Australia Fair**

Concluding Remarks

Dismounting of the Catafalque Party

Ladies and Gentlemen that concludes the service. Thank you for coming. We invite officials, uniformed, medal wearers and their guests to please join the President, Committee Members and Guests for a gunfire breakfast at the Wests Bulldogs Rugby Club. Due to limited seating other members of the public are welcome at a sausage sizzle provided by the club where a gold coin donation towards RSL services is welcome. Enjoy the rest of your day.

Meg Kiddle (All Stand)

Mr Peter Gow

(All Stand)

Meg Kiddle

Acknowledgements

- LtCol Gabrielle Raffin, Commanding Officer, RSM WO1 Jason Moriarty & All Ranks of the Queensland University Regiment
- Chaplain Michael Folland, Queensland University Regiment
- Catafalque Party Commander: OCDT Giunta
- Catafalque Party Members: OCDT Dang, OCDT Patterson, OCDT Lynn, OCDT McRae, OCDT Wytenburg,
- Flag Orderlies OCDT Jesson, OCDT Miezio.
- Readers OCDT Potts, OCDT McInnes
- All members of the Queensland University Regiment Association
- Mr Graham Brown and members of the Wests Bulldogs Rugby Club
- Councillor Peter Matic and the Paddington Ward Office staff. Councillor James Mackay and the Walter Taylor Ward Office staff
- Michael Berkman MP State Member for Maiwar
- Julian Simmonds MP Federal Member for Ryan
- Members of the BrizWest Community Music Ensembles
- Mr Steve Stanley and Piper from Brisbane Boys College
- Members of the Taringa-Milton-Toowong Scouts
- Members of Indooroopilly Rovers Crew
- Senior Sergeant Shane Hancock, OIC Indooroopilly Police
- Western Group SES
- Brisbane Sound Group (BSG)
- Members of the Toowong and District Historical Society
- Stuartholme School

Financial and in-kind support of:

Western Districts Rugby Club, QSCAN Radiology, Wesley Hospital, Regatta Hotel, RE Hotel, Toowong Village, Bodytrack, Pitch and Fork, Australian Military Bank Enoggera.

The Toowong Sub-Branch gratefully acknowledges the contribution of the following towards the conduct of this Service:

- Lord Mayor's Community Fund, Paddington & Walter Taylor Wards
- ANZAC Day Trust Grants Program Queensland Government
- RSL South Eastern District
- Western Districts Rugby Club with catering, clubhouse and buggies
- Queensland University Regiment for providing catafalque party
- MBE Milton in production of this program booklet
- SES and Indooroopilly Rovers for providing volunteers for parking
- All members of the Community for their donations and support.



Above L. Simbu lecturer. R. Kerowagi graduate Below L. Goroka graduate & Academic. . R. Huli graduate



VALE: Rfn Evan WHAM 860127 21.1.1942 - 17.2.2022

Evan was born in Rockhampton. In 1947 the family relocated to Cairns until 1954 and then moved to Longreach where he finished schooling. In 1958 Evan moved to Brisbane to join the CBA .

In 1961 he was transferred to Madang where he joined the PNG \vee R. In subsequent years he returned to PNG with th Commonwealth Bank and served in a number of areas.

Evan took up running and after his last posting in PNG joined the Brisbane Hash Harriers. While he was with them



he took running seriously and was able to complete a Marathon in under 3 hours. Together with a friend, Peter Roush, he participated in International marathons in the Antarctic, The Great Wall Marathon in China and the Ultra Marathon, 92km, in Cape Town, South Africa, the Mt Kilimanjaro marathon in Tanzania, Africa, and Mt Everest Base Camp marathon and the Kokoda Ultra Marathon, 92km with an overall elevation rise of 6,500 metres, but up and down hills along the Trail

the section of the se

to achieve that.

Evan stayed with the CBA until he took a redundancy offer when he was approx. 50 yrs old. He was frequently recalled back when needed.

Evan bought a unit in Mooloolaba and purchased a stake in KBH (A strata management company) He worked in the business as office manager for many years. He gave up working approx. 6 years ago when he developed Crohn's Disease and his health deteriorated rapidly after that.

For a number of years he attended an informal gathering

of ex PNGVR people held annually at Maroochydore.

LEST WE FORGET

Both Evan and Jack Hobbins are in the photo of 7 PI C Coy PNGVR Madang on page 19.

VALE: Cpl John (Jack) Joseph HOBBINS 859993 25.11.1934-7.2.2022

Jack was born at Hurstville, Sydney, and went to school at Hurstville Technical Junior School. He obtained his Intermediate Certificate in 1949.

When he left school he had a number of jobs locally before working for a number of years in Tasmania then on the construction of Tinaroo Dam, in the Atherton Tableland in the mid 1950's until completion of the dam in 1958.



He then moved to PNG working for New Guinea Company (W.R. Carpenter) in their Import/Export Dept in Madang in 1960.

He joined the PNGVR in Madang and served there until he was transferred with New Guinea Company as Manager of their Goroka Branch in 1962, transferring then to HQ C Coy PNGVR, Goroka. He attended the 1960 and 1962 Annual Camps of PNGVR, but had to miss the 1961 Annual Camp because of Company Policy. Both Jack and Percy Neville, who was a member of PNGVR also, worked for New Guinea Company in Madang but only one could attend annual camp—so Jack and Percy took turns. In 1962 Jack was awarded Best Rifle Shot C Coy. He was promoted to Corporal in 1962 after attending the NCO Promotion Course in Port Moresby.

Jack married Judy McBurney, receptionist at the Goroka Hotel, in Goroka on 23 Nov 62 with the reception held at the Goroka Hotel.

In late 1963 Jack resigned from New Guinea Coy to work for B.J.. Back in Madang, then Needham & Co. In 1968 he worked

www.pngvr.weebly.com



RAEME Reserve/CMF Reunion 2022

The Annual reunion is open to all serving and ex members of RAEME (Army Reserve/CMF or Regular Army) or associated Corps who served with RAEME Res/CMF units, their families and other people who were associated with RAEME and who wish to renew past friendships. Ex cadre staff members most welcome.

If you know of anyone interested in attending who may not be aware of the function could you make an effort to pass on this information.

See

Presentation Of Prince Phillip Banner On the Big Screen

. Great raffles including:Gift Vouchers		
\$100	Drinks at bar prices	
\$50	Bring your photos	
\$20		
Wine		

Venue:	Sherwood/Indooroopilly RSLA Sub Branch 2 Clewley Street CORINDA
	Next to Corinda railway station.
Time/Date:	1100- 1600. 21 Aug 22
Dress:	Casual.
Cost:	(5/ person)
Catering:	Bar-b-que
RSVP	14 Aug 2022 Please respond for catering purposes
	John Parfitt Tel: 33761778 Mob 0478897943 Email: <u>lparfitt@biqpond.net.au</u> IMPORTANT To access the RSL members need to be double
	vaccinated and be able to show written proof



ART HEALTH

Free 12 Month Health nd Fitness Program

Returned Veterans, Peacekeepers & ADF Firefighter Scheme -

Registrations open

Run on behalf of the DVA by Corporate Health Management, the program aims to help you increase your physical health and wellbeing through practical exercise support and 12 months of telephonic health coaching and advice on healthy lifestyle choices provided by one of our team of highly qualified allied health professionals.

The Heart Health Program is flexible and able to accommodate participants living in metropolitan areas, rural or remote areas, those still working or retired, studying or with other time constraints.



Am I eligible?

Started over 20 years ago for those returned from Vietnam, the Heart Health Program is free and open to all veterans with operational service, peacekeepers and those covered under the ADF firefighters scheme who have not previously participated in the Heart Health Program before.

To check your eligibility visit

http://www.veteranshearthealth.com.au/eligibility



How it works: Individual Heart Health Program

Each participant receives 12 months of healthy lifestyle coaching from a highly qualified and dedicated allied health professional via fortnightly health coaching calls with information and advice tailored to each individuals health and fitness goals.

The health coach will use their extensive knowledge along with health surveys and food diaries to guide you through the program.

The program covers a range of topics including:

- Setting healthy goals
- Nutrition and diet advice
- · Advice on lowering alcohol consumption
- · Developing better sleep patterns
- Stress management
- Managing diabetes
- Taking care of your body
- · Managing your weight
- · Maintaining a healthy heart

Program Exercise Resource – Exercise how you like to

The program can provide an exercise resource to help participants to exercise the way they like to or provide an opportunity to try something that's different than the usual.

Resources can take the form of:

- · Assistance with the cost of a gym or pool membership or
- · Provide a piece of exercise equipment for use at home or
- · Provide assistance with accessing new exercise or training gear





Registering Your Interest

Registering your interest or checking eligibility is easy.

Visit http://www.veteranshearthealth.com.au/eligibility and follow the steps.

Call the program phone number 1300 246 262 at any time to speak to one of our team.

Heart Health Team - DVA Heart Health Program

Program proudly delivered on behalf of the DVA by: CHM Corporate Health Management Pty Ltd Toorak Place, 521 - 529 Toorak Road, Toorak VIC 3142 Direct: 1300 246 262 Email: hearthealth@chm.com.au Web: http://www.veteranshearthealth.com.au



Do you live with dementia, or care for someone living with dementia? Recruiting participants across Australia now for this **free telehealth trial**

HOMESIDE is an international study investigating the effects of **music** and **reading** activities for people living with dementia and their family caregivers.



".... the opportunity to experience shared meaningful time together"

In partnership with







Please click here to register your interest



WHO IS THE STUDY FOR?

This study is for people living with dementia and their family (or informal) caregivers. You can participate in the study if:

- You or your loved one has a diagnosis of dementia OR significant memory problems
- You are or you have a family caregiver
- You live together at home

DURING THE HOMESIDE PROJECT:

- Everything will take place face-toface (via an online mode)
- You will participate in the study for 6 months
- You will receive training from experienced professionals to use music or reading activities at home
- You both will be asked to fill out questionnaires at 3 time points

THE MUSIC AND READING PROGRAMS WILL:

- Be tailored to your individual preferences and needs
- Offer opportunities to share
 meaningful moments together
- Support you to use reading and music in your daily life
- Offer opportunities to sing together, to listen to music and stories, to dance, to play music, to read, and to communicate with each other





TO FIND OUT MORE ABOUT PARTICIPATING, SIMPLY CONTACT US

homeside-australia@unimelb.edu.au (03) 9035 3057 www.homesidestudy.eu/australia